

R.J.Y.C. REGATTA SAILING INSTRUCTIONS

Spring Regatta

N.B. THE INTERNATIONAL SAILING FEDERATION'S RACING RULES OF SAILING (2009- 2012) are available online at www.sailing.org

1. **THE RACES** will be governed by the **RRS 2009 - 2012 Rules** (with effect January 1, 2009), J.Y.A. prescriptions, and the Class Rules for the particular sail boat Classes racing.
2. **ALTERATIONS OF RACING RULES.**
The racing rules will be modified in accordance with ISAF Rule 86.1(b) as follows:
 - (a) Alternative Penalties for Infringement of a Rule of Part 2.
 - i. ISAF Rule 44.2 (720°) shall not apply.
 - ii. ISAF Rule 44.3 (Scoring Penalty) shall be in effect.
 - (b) ISAF Rule 70.4b. Right of Appeal. The decision of the Protest Committee will be final.
NB: Applies to Regatta ONLY.
3. **ADVERTISING:** The Regatta is classified as a **Category 'A' event** in accordance with RRS Appendix G. Regulation 20.3.
4. **REGATTA SITE:** The Regatta site will be as shown in **ILLUSTRATION 'A'** below.
5. **ENTRIES:**
 - (a) Yachts may be entered by completing registration with the Regatta Race Committee. A Cruiser shall be defined as a self-righting monohull equipped with lifelines, accommodation for the crew in an enclosed cabin and having a self-draining cockpit. (Note that J-22's rigged to Class rules are considered eligible.)
 - (b) Entrance Fees:
 - i. * Pigeon Island Race: \$ 3500.00
 - ii. Regatta Cruisers: \$ 3,000.00
 - iii. J22's\$3,000.00
 - iv. JY15's\$ 1,750.00
 - v. Pico..... \$ 1,000.00
 - (c) N.B. *In the PIGEON ISLAND RACE: J22s may race for the DRAGON STOUT TROPHY but will not be eligible for any other cruiser trophies. Three or more entries of the same class will constitute a class and race accordingly.
 - (d) A J22, entered Regatta as a Cruiser, will then not be eligible for any of the J22 trophies.
6. **NOTICES TO COMPETITORS:**
Notices will be posted on the Official Notice Board located in the Clubhouse dining room.
7. **CHANGES IN SAILING INSTRUCTIONS:**
As per RRS Rule 89.2(c). Oral instructions may be given only on the water **before** the Warning Signal (10 minute signal) after the Committee has displayed the "L" flag (black & yellow) to notify competitors to "Come within hail" or communicate by VHF Radio (channel 68). The "L" flag displayed ashore indicates a change on the Notice Board.
8. **SCHEDULE OF RACES:**
Shall be as listed in the Sailing Instructions and Racing Programme.
9. **CLASS FLAGS:**
 - (a) **Cruisers:** Signal Flag 'C' (red & white horizontals on blue)
 - (b) **J22's:** Signal Flag 'J' (white horizontal on blue)
 - (c) **JY15's:** Signal Flag 'U' (red & white)
 - (d) **Pico's:** Signal Flag 'R' (yellow cross on red ground)
10. **THE START:** Races will be started in accordance with **ISAF Rule 26.1 (a) System 1**, with classes starting at 10 minute intervals.
11. **SIGNALS: The following signals will be given:**
 - (a) **START:**
 - i. Warning signal (10 mins.): Class Flag and ONE sound signal.
 - ii. Preparatory Signal (5 mins.): Code Flag 'P' and Class Flag and ONE sound signal.
 - iii. Starting signal: Removal of Code flag 'P' and Class Flag and ONE sound signal.
 - (b) N.B. RRS RULE 26 - VISUAL STARTING SIGNALS TO GOVERN
 - (c) The following signals may be given:
 - i. **POSTPONEMENT:** "Answering Pendant" (white vertical stripes on red) accompanied by TWO sound signals.
 - ii. **'ROUND THE ENDS' RULE:** Code Flag 'I' (black circle on yellow). See ISAF Rule 30.1.
 - iii. **ABANDONMENT:** Code Flag 'N' (blue & white checkered) accompanied by THREE sound signals.
 - iv. **SHORTEN COURSE:** Code Flag 'S' (blue rectangle on white) and Class Flag accompanied by TWO sound signals.
 - v. **INDIVIDUAL RECALL:** Code Flag 'X' (light blue cross on white) accompanied by ONE sound signal.
 - vi. **GENERAL RECALL:** First Substitute (yellow triangle on blue) accompanied by TWO sound signals.
 - vii. **COME WITHIN HAIL:** Code Flag 'L' (black & yellow).
12. **STARTING & FINISHING LINE:**
 - (a) The Starting Line ... will be as noted in the race book.

- (b) The Finishing Line will be an imaginary line extending Northward from the RJYC Crows Nest to "I" Mark, limited to the South by the RJYC Slipway Pier
- (c) *If the Course takes the boats through the Finishing Line, time and position of the Yachts may be noted and used to determine the result of the race in the event the first boat does not complete the course before the time limit stipulated.*
- 13. COURSES:**
Courses will be as entered in the Race Book prior to the start of each race.
- 14. STARTING TIMES:**
As entered in the Race Book prior to the start of each race.
- 15. TIME LIMIT:**
- (a) As entered in the Race Book prior to the start of each race.
- (b) If a competitor has completed the course prior to the expiry of the time limit, the race will be deemed to end one hour after the prescribed time limit.
- 16. SCORING:**
- (a) The Low Point Scoring System, Appendix A4.1 of the RRS Rules will apply.
- Finishing Place Points
- | | |
|------------------------------|-------------|
| i. First: | 1 pt. |
| ii. Second: | 2 pts. |
| iii. Third: | 3 pts. |
| iv. Fourth: | 4 pts. |
| v. Fifth: | 5 pts. |
| vi. Sixth: | 6 pts. |
| vii. Seventh: | 7 pts. |
| viii. Each place thereafter: | add 1 point |
- (b) No score will be excluded from the final results of a Series. A minimum of 3 races are to be sailed to complete the results of a series.
- (c) A boat that did not *start*, did not *finish*, retired after *finishing* or was disqualified shall be scored points for the finishing place ONE more than the number of boats entered in the SERIES.
- (d) **TIES:** See ISAF **Appendix A7 & A8.**
- (e) **REDRESS** See ISAF **Appendix A10.**
- (f) **ABBREVIATIONS:** For Scoring Records See ISAF **Appendix A11.**
- 17. ALTERNATIVE PENALTIES:**
See Paragraph 2 (a) of these instructions.
- 18. DECISIONS OF THE PROTEST COMMITTEE:**
See Paragraph 2 (b) of these instructions.
- 19. RADIO COMMUNICATIONS:**
A yacht shall not receive special information concerning the race by radio communication or other means unless this information is available to all other competing yachts.
N.B. *Yachts fitted with VHF Radio are asked to monitor Channel 68 for general management by the Race Committee, and safety co-ordination.*
- 20. SHIFTING BALLAST: ISAF Rule 51** shall apply.
- 21. ANCHOR:**
Every yacht shall carry on board an anchor and rode of suitable size.
N.B. *Entrants for PIGEON ISLAND RACE are to carry two anchors and rode of suitable size, except yachts under 28 feet overall which may carry one anchor and rode of suitable size.*
- 22. LIFE SAVING EQUIPMENT:**
- (a) Every yacht shall carry adequate life saving equipment for all persons on board, one item of which shall be ready for immediate use.
- (b) Life jackets shall be worn by competitors in boats not fitted with lifelines that protect the port and starboard sides of the cockpit and forward working areas, in all races. Failure to comply with this instruction may lead to disqualification.
- 23. HANDICAPS:**
Handicaps will be decided upon by the Handicap Committee prior to the Regatta and posted on both the Club Notice Board and on the Notice Board at the North entrance to the Bar.
- 24. PRIZES** will be awarded to the first, second and third places, except in the PIGEON ISLAND RACE and in the ALL COMERS RACE, where a fourth place prize will be awarded.
- 25. PROTESTS:**
- (a) In accordance with **Part 5 Section A ISAF Rule 60** and as amended by these Instructions (see paragraph 2 (b))
- (b) Protests shall be written on **forms available from the RJYC office and lodged with the Race Committee** within **two** hours of the time of the protesting yacht finishing, or when the yacht does not finish the race, within such time as the Race Committee considers reasonable in the circumstance.
- (c) Protests should state the rule or rules considered infringed and include a diagram of the circumstance, if relevant.
- (d) Protests will be heard by the Protest Committee in approximately the order of receipt at RJYC as soon as possible and before the end of the Regatta.

Please check the Notice Board or Race Book for any changes!

START COMMITTEE "MEMO"

1. Make sure that all marks of the course are in place.
 2. Ensure
 - a) course is in race book
 - b) watches synchronized
 - c) Appropriate flags & horn available.
 3. **START LINE:**
 - a) From the pier: Transit from FLAGS through 'I' mark, BUT Boats must start between 'I' & 'S'.
 - b) From committee boat: Lay start line perpendicular to the wind. Start line - transit from Class Flag on Boat & 'S', BUT boats start between 'I' & 'S'.
 4. **STARTING PROCEDURE: (Flags supersede sound signal)**
 - a) 10 mins before start time - fly class flag & sound horn (2x)
 - b) 5 minutes before start - fly Blue Peter & sound horn (1x)
 - c) At Start Time - drop both flags & sound horn (1 blast)
- NOTES:**
1. AFTER CLASS FLAG is raised, boats must NOT question the Start Committee - WATCH THE FLAGS!
 2. Boats must have engines off & be off moorings after 5 min. signal (though they can be anchored) otherwise - disqualify!
 3. Sight boats down the line - through the class flag.
 4. If boat is over the line - raise flag 'X' (1 signal), hail boat by name or sail no. Fly flag until boat returns and starts correctly. If boat does not return, drop flag after about 4 mins. The boat is then disqualified!
 5. **General Recall flag** (first substitute) - rarely used. Only fly with 2 sound signals if a significant number of boats, which cannot be identified are over at the start.
 6. **POSTPONEMENT FLAG.** Drop flag (1 sound signal) one min. before class flag is flown.
 7. **SHORTEN COURSE FLAG 'S'** - (2 signals) - usually flown from quarterdeck indicates that course is shortened.
 8. **FINISHING THE RACE**
 - a) NOTE: Boats should finish between 'I' mark and the shore.
 - b) Sight boats from crows nest through 'I' mark. Note time on race result sheet.
 - c) FIRST BOAT OVER GETS ONE SOUND SIGNAL.
 - d) Ideally you need 3 people - 1 to sight the line, 1 to count down the seconds and 1 to note the finish time.

9. RECORDING & CALCULATING RACE RESULTS

- a) ON CLUB PERFORMANCE HANDICAP:
- b) (RJYC results sheet has a ready reckoner on the side).
- c) Multiply elapsed time by handicap to get corrected time.
- d) ON PHRF: Subtract Time Allowance from Elapsed Time to get Corrected Time.
N.B. Before the race - get the race distance & calculate Time Allowance (TA) for each boat as below:
 - i. TA, minutes = [PHRF (sec/nM) X DISTANCE (in nautical miles)] / 60

10. **PLACES & POINTS** are as above - in Sailing Instructions

REGATTA TROPHIES

PIGEON IS. - RJYC RACE

Dyoll Trophy (PHRF) Dragon Cup (J22s)

Line Honours ... **SPRING REGATTA / AUGUST REGATTA**

1st Across Thwaites Cup Nation Trophy
2nd across Ross Cup Vermont Trophy
3rd across RJYC Cup Fiesta Trophy

HARBOUR RACES **SPRING REGATTA / AUGUST REGATTA**

Cruisers Brandon Trophy / Nunes Trophy
J22s Brandynap Trophy

All Comers Race Appleton VX Trophy

Harbour & All Comers **SPRING REGATTA / AUGUST REGATTA**

Champion Cruiser - Deryck Gibson Shield
/ Champion Cruiser Shield
Champion J22 Hart Trophy

Harbour, All Comers & Pigeon Island Race ... **SPRING REGATTA / AUGUST REGATTA**

Regatta Champion - Cecil Simpson Trophy
/ Henriques Trophy